Application Guide

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# Program Requirements

ADULT & TEEN CHALLENGE MIDSOUTH  
1108 W. 33rd STREET  
CHATTANOOGA, TN 37410  
Phone: (423) 756-5558 • Fax: (423) 265-7763

<table>
<thead>
<tr>
<th>Admissions Director</th>
<th>(423) 756-5558 x 130</th>
</tr>
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<tbody>
<tr>
<td><strong>PERSONAL</strong></td>
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<tr>
<td>• You must be at least 18 years of age or older (cannot exceed the age of 50).</td>
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<tr>
<td>• You must have a substance abuse problem or a life controlling addiction.</td>
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<tr>
<td>• Willing to consider a faith-based approach.</td>
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<td>• Willing to commit to a minimum of 4 months.</td>
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<td>• Willing to share a room with others, possibly of different races and backgrounds.</td>
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<td>• Willing to suspend all contact with non-family members while in the program (includes, but is not limited to any girlfriend or boyfriend that you may be involved with).</td>
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<td>• Must have Photo ID and Social Security Card (or proof that you have applied for one).</td>
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<td><strong>LEGAL</strong></td>
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<tr>
<td>• Must resolve any legal matters before entering the program (includes, but is not limited to any warrants for your arrest).</td>
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<tr>
<td>• We do not allow those who have been convicted of a sexual crime (we are located next to a school).</td>
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<td><strong>MEDICAL</strong></td>
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<td>• Must submit to random drug tests while in the program (includes, but is not limited to nicotine testing since we are a non-smoking facility).</td>
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<td>• Must have a physical examination and lab work done after being accepted. Discuss this matter with the Admissions Director.</td>
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<tr>
<td>• Must have no physical limitations. Must be able to participate in all program activities (e.g. attend classes, walk, climb into van, lawn care, maintenance, housecleaning).</td>
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<tr>
<td>• We recommend a dental examination. If dental issues arise, you may be required to withdraw from the program.</td>
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| • We do not allow any psychiatric, pain, anti-depressants or mood stabilizing medications while in the program.  
  **Note:** Medications prescribed by a doctor for physiological reasons, such as epilepsy, blood pressure, diabetes, etc. may be allowed but will be administered by staff while in the program. You, the student, must take full responsibility for the daily requirements of your condition without reminders from staff. |
| • We do not allow women that are pregnant. |
| • We do not allow those who are TB or HIV positive. |
Court/Legal Requirements

An applicant must resolve legal matters and receive approval from the court (copy of court order) and/or their probation officer to enter our program. If you have specific questions or need clarification about your particular situation, please call the Admissions Director.

Financial Requirements

<table>
<thead>
<tr>
<th>Intake Fee: $850</th>
<th>Monthly Tuition: $300</th>
<th>Student Account: $30</th>
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<tbody>
<tr>
<td>Non-Refundable</td>
<td>Non-Refundable</td>
<td>Non-Refundable</td>
</tr>
<tr>
<td>No personal checks. Pay online, by cash, credit card or money order.</td>
<td>Must supply credit or debit card information to be charged monthly.</td>
<td>No personal checks. Cash or money order.</td>
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</table>

Failure of the family to follow through on their part of the agreement will result in the release of the student from the program. As we promise to keep our part of the agreement, the family needs to do the same. Failure to do so would constitute a breach of the agreement.

SSI (Social Security)

If the applicant receives SSI (Social Security) or other Government benefits (disability, pension, etc.), the Social Security Administration has designated that 30% of your benefit must be applied to room and board. Thirty percent or $300 (minimum monthly support payments), whichever is greater, must be given to Adult & Teen Challenge for your housing.
Application for Admission

I. GENERAL

1. Name: 
   First: ___________________ Middle: ___________________ Last: ___________________

2. Present Address: 
   Street: ___________________ City: __________ State: __________ Zip: __________ 
   Phone: ___________________

3. Referred to Adult & Teen Challenge by: 
   Name: ___________________ Phone: ___________________
   Address: ___________________ City: __________ State: __________ Zip: __________ 
   Relationship (Friend, Relative, etc.): ___________________

II. PERSONAL

1. Birthdate: / / Age: __________ Gender at Birth: ☐ M ☐ F Weight: __________ Height: __________
2. Race: ☐ White ☐ Black ☐ Asian or Pacific Islander ☐ Hispanic ☐ American Indian ☐ Other: __________
3. Are you an American Citizen? ☐ Yes ☐ No
4. Last grade completed: __________ GED? ☐ Yes ☐ No
5. Have you served in any branch of the military? ☐ Yes ☐ No Which Branch: __________ Type of discharge: __________
6. Do you have any Reserve or military obligation at this time? ☐ Yes ☐ No If yes, explain: __________
7. What is your sexual preference? ☐ Homosexual ☐ Bisexual ☐ Transsexual ☐ Heterosexual
8. Have you ever engaged in homosexual activities? ☐ Yes ☐ No How recently? __________
9. What are your present living conditions? With Whom? __________ Where? __________ How are you supported? __________

III. MARITAL STATUS

1. ☐ Single ☐ Married ☐ Separated ☐ Divorced ☐ Common Law ☐ Widowed ☐ Remarried
2. Spouse or Ex-Spouse’s Full Name: ___________________ Phone: ___________________
   Address: ___________________ City: __________ State: __________ Zip: __________
3. Do you have a boyfriend/girlfriend/fiancé? ☐ Yes ☐ No
4. Do you have dependents? □ Yes □ No

<table>
<thead>
<tr>
<th>Dependent’s Name</th>
<th>Birthdate</th>
<th>Age</th>
<th>Other Parent’s Name</th>
<th>Child Support</th>
<th>Custody</th>
</tr>
</thead>
<tbody>
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<td></td>
<td></td>
<td></td>
<td></td>
<td>Me</td>
</tr>
<tr>
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<td></td>
<td></td>
<td></td>
<td></td>
<td>Other</td>
</tr>
</tbody>
</table>

IV. DRUG HISTORY

1. Have you ever experimented with drugs or alcohol? □ Yes □ No

2. Longest period clean? ________ When was that? ________

V. LEGAL STATUS

1. Have you ever been arrested? □ Yes □ No How many times? ________

2. Are there pending charges? □ Yes □ No If yes, when is court date? ________

What are they? ________

V. LEGAL STATUS

3. Are you currently on probation? □ Yes □ No
   Are you currently on parole? □ Yes □ No
   Time remaining? ________
   How do you report? □ In person □ By Mail How often do you report?

   Probation/Parole Officer: ____________________________ Phone: ____________________________
   Address: ____________________________

4. Name of Lawyer: ____________________________ Phone: ____________________________
   Address: ____________________________

VI. SPIRITUAL STATUS

1. Do you believe in God? □ Yes □ No □ Uncertain

2. Have you ever committed your life to God? □ Yes □ No

3. Have you ever been involved in the occult? □ Yes □ No

VII. FINANCIAL STATUS

1. Are you receiving welfare, unemployment compensation, disability payments, workman’s compensation, alimony, or other income? □ Yes □ No
   Explain: ____________________________

2. Do you have any outstanding debt, fines or child support obligations? □ Yes □ No
   Explain: ____________________________
VIII. THE PRESENTING PROBLEM

1. What is the main problem in your life, as you see it? (Why are you wanting to come here?)

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

2. Have you ever been involved in a Teen Challenge program before? ☐ Yes ☐ No ☐ Can’t Remember
If yes, When? __________________________ Where? __________________________

3. Have you ever been in any other type of program before? ☐ Yes ☐ No How many? ______________
☐ Religious ☐ Non-Religious

IX. HEALTH STATUS

1. Range your general health: ☐ Excellent ☐ Good ☐ Fair ☐ Poor

2. Do you have any HIV, Hepatitis or TB? ☐ Yes ☐ No If so, what? __________________________

Do you have epilepsy, seizures, diabetes? ☐ Yes ☐ No If so, what? __________________________

3. List any medical problems or handicaps:
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

4. Are there any medical limitations or problems that would keep you from being able to participate in all program activities, etc. (e.g. attend classes, walk, climb into the van, lawn care, maintenance, housecleaning)?
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

5. Are you presently receiving medical care? ☐ Yes ☐ No If so, where? __________________________

6. Are you currently taking prescription medication? ☐ Yes ☐ No If so, please list:
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

7. Have you been hospitalized within the past 12 months? ☐ Yes ☐ No If so, explain:
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

8. List all medications to which you are allergic or sensitive:
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

9. List all allergies (including food, latex, insects, etc.):
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

10. Have you ever had psychiatric care? ☐ Yes ☐ No If so, please explain:
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

11. Have you ever attempted suicide? ☐ Yes ☐ No If so, How? When?
Was it drug or alcohol related? ☐ Yes ☐ No If so, explain:
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

12. What is the condition of your teeth?
(You must have all the necessary dental work completed before coming into Adult & Teen Challenge. Unless something arises of an emergency nature, you will not be taken to a dentist while in Adult & Teen Challenge).
Due to the fact that Adult & Teen Challenge MidSouth is NOT a medical facility, the following policies have been enacted:

**DENTAL:**

It is STRONGLY ADVISED that students get a dental check-up prior to entering the program! Students enrolled in our program WILL NOT have access to a dentist for at least 4 months except for emergencies. In the event of an emergency, the student’s family will be responsible for any medical costs. *If a student in the program requires on-going dental treatment, they will be required to take a leave of absence.* Once the work is completed and we receive verification, they can return to the program.

Approximate date of last dental check-up ________________  Applicant Initial________

**MEDICAL:**

Students will only have access to medical care in case of emergencies. Students that have a pre-existing condition *or* a condition that develops while enrolled in the program which requires on-going medical treatment will be required to take a leave of absence. We must receive medical release/verification before they can return to the program.  Applicant Initial________

**DRUG/ALCOHOL WITHDRAWAL:**

Due to the fact that some withdrawal symptoms are unpleasant but some can be FATAL, severe alcoholics and those taking certain medications may require a physician’s statement that you have gone through a detox process or that you have been weaned off the medication under their supervision. If you enter the program but are not able to participate due to drug or alcohol withdrawal for more than 1-2 days, you will be required to take a leave of absence and go through a medically supervised detox. To return to the program, you would need to provide medical verification that you have done so.  Applicant Initial________

I have read and understand the above policies.

Applicant Name (print):________________________________________

Revised 05/19/20
Release of Information Form

VERY IMPORTANT: This release of Information document informs Adult & Teen Challenge MidSouth of any person that you want informed of your intent to enter the program, or who may be involved in your intake process. The information exchanged with these people may be utilized to determine your eligibility for the program. This release shall also extend to the development and revision of my treatment plan while enrolled in the program as well as making the transition back to normal life after the program. Because of Federal confidentiality laws, you must list, EVERY person, even immediate family members, that are to be informed of your intent or may be involved in the intake process. In short, if a person’s name is not on the list, we will not be allowed to communicate with them or even acknowledge the receipt of an application, regardless of who they are or their relationship to you. The ONLY exception to this will be in accordance with Federal guidelines.

Name of Probation Officer, Phone/Fax Number (please print)

Name of Attorney, Phone/Fax Number (please print)

1. Emergency Contact Name & Address / Title, Relationship, Phone/Fax Number
   (please print)

2. Name (please print) / Title, Relationship, Phone/Fax Number

3. Name (please print) / Title, Relationship, Phone/Fax Number

4. Name (please print) / Title, Relationship, Phone/Fax Number

5. Name (please print) / Title, Relationship, Phone/Fax Number

6. Name (please print) / Title, Relationship, Phone/Fax Number

Student Name ___________________________ Date ______________

Student Signature ___________________________ Date ______________

*This consent is subject to revocation in writing by the student at any time except to the extent that the ministry or person who is to make the disclosure has already acted on it. This consent automatically expires one year and six months from the date it is signed.
Note: You will be required to sign the following document after you enroll indicating you have a good understanding of it and are willing to commit to it. We recommend that you review this document before you fill out the application.

General Program Rules Agreement

The following are just some of the basic rules of Adult & Teen Challenge MidSouth. You will be provided with a complete list of rules upon admittance.

Christian Growth Center:

1. I understand that Adult & Teen Challenge is a Christian Growth Center and I agree to be subject to Biblical teaching and Christian forms of behavior.

2. I agree to assume personal responsibility for my own attitude and behavior at all times. I understand that what program authority calls incorrect behavior and a bad attitude will be confronted and may be disciplined if necessary.

Personal:

1. I will not possess or use drugs at any time, including psychiatric medication.

2. I will not use tobacco or nicotine in any form or have cigarettes in my possession.

3. I will not curse or use off-color expressions or bodily gestures.

4. I will not talk about street life, drugs, or reminisce about past wrong doings.

5. I will not horseplay or engage in any other inappropriate body contact.

6. I will not become part of a clique.

7. I will not call other people names.

8. I will not go outside of the house without staff permission.

9. I will not grow a beard (men) while in the program.

10. I will not sing, whistle, or hum secular songs while in the program.

11. I will not attempt to write, call or make contact with my boy/girlfriend.

Family:

1. I will agree to the staff screening and perhaps reading my mail.

2. I agree to write only members of my immediate family.

3. I agree to make (or receive) only two phone calls per week, after a 14-day waiting period.
Group:

1. I agree to participate in all scheduled activities including class, chapel, church, work, and recreation. I will do what I'm required to do in each of these activities.

2. While in public, I agree to conduct myself in a manner that will not call attention to myself or reflect badly upon the whole group.

Discipline:

1. I understand that I'm expected to be prepared, in place, and on time for all my scheduled activities 24 hours a day. I also understand that any tardiness, unpreparedness, and other forms of carelessness will result in disciplinary action.

2. I understand that my room must be kept in a neat and orderly manner at all times. I agree to work together with my roommates to keep it clean and in shape for inspection.

3. I understand there will be a dress code.

4. I understand there will be a grooming code: shave before breakfast (men), hair combed (also before breakfast and throughout the day), shower once a day, etc.

5. I understand that disciplinary action may include: extra duty, loss of privileges, suspension, or dismissal. At Adult & Teen Challenge we operate under a merit system. The consequence of discipline is often loss of merits, which can lead to dismissal if all merits are expended.
Note: You will be required to sign the following document after you enroll indicating you have a good understanding of it and are willing to commit to it. We recommend that you review this document before you fill out the application.

**Student Agreement**

1. I have read the general program rules and consent to abide by all of them, whether I agree with them or not.

2. I will dedicate myself to the discipleship program until it is recognized by the Adult & TC staff that I qualify for completion. I realize this is only possible by submitting to the Lordship of Jesus Christ and that I cannot do this in my own strength.

3. I release to Adult & Teen Challenge the right to search, read, and withhold my mail in the manner explained in the rules.

4. I release the right to Adult & Teen Challenge to do a room search and/or drug screen without warning. (Note: This is not done routinely, but only at times of definite cause.)

5. I release the right to Adult & Teen Challenge to make a thorough search of my person and belongings on the day of my admission.

6. I understand that detox from drugs, alcohol, and cigarettes will be done "cold turkey" aided only by prayer. If this is not agreeable, detox should be done prior to entrance.

7. I understand that Adult & Teen Challenge will not be held responsible for any of my personal property left, lost, or stolen while I am in the Adult & Teen Challenge program. When leaving Adult & Teen Challenge, I understand that all my personal property must be taken with me.

8. I release Adult & Teen Challenge from all financial or legal responsibilities in case of accident, injury, illness, or other misfortune.

9. I understand that I will not receive payment for the work I do while in the Adult & Teen Challenge program. I also understand that the purpose of this work is to aid in my character development.

10. I release the right to Adult & Teen Challenge to withhold any of my belongings that they deem necessary. Any items not specifically listed under "Forbidden Items" in the rules will be held for me until my departure.

11. I agree to submit to the authority of all staff members.
Note: You will be required to sign the following document after you enroll indicating you have a good understanding of it and are willing to commit to it. We recommend that you review this document before you fill out the application.

Statement of Faith

1) We believe the Bible to be the inspired, the only infallible, authoritative Word of God.
2) We believe that there is one God, eternally existent in three Persons: Father, Son and Holy Spirit.
3) We believe in the deity and humanity of Christ, in His virgin birth, in His sinless life, in His miracles, in His vicarious and atoning death through His shed blood, in His bodily resurrection, in His ascension to the right hand of God the Father, in His present rule as Head of the Church and in His personal return in power and glory.
4) We believe in the blessed hope - the rapture of the Church at Christ’s coming.
5) We Believe the biblical order for human sexual expression as being between one man and one woman who have committed to a lifelong marriage covenant (Gen 2:24, Matt. 19:5). Any expression of human sexuality outside of the marriage covenant between one man and one woman is sin (Ex. 20:14; Lev 18:22-23, 20:13; Matt 15:19). God wants us to avoid sexual immorality and live holy and honorable lives of faithfulness.
6) We believe that the only means of being cleansed from sin is through repentance and faith in the precious blood of Christ.
7) We believe that for the salvation of lost and sinful men/women, regeneration by the Holy Spirit is absolutely essential.
8) We believe in the present-day ministry of the Holy Spirit, by Whose indwelling the Christian is enabled to live a godly life.
9) We believe the redemptive work of Christ on the cross provides healing of the human body in answer to believing prayer.
10) We believe the baptism in the Holy Spirit, according to Acts 2:4, is given to the believers who ask for it.
11) We believe in the resurrection of both the saved and the lost – they that are saved unto the resurrection of life and they that are lost unto the resurrection of damnation.
12) We believe in the spiritual unity of believers in our Lord Jesus Christ, with equality across racial, gender and class differences.
Note: You will be required to sign the following document after you enroll indicating you have a good understanding of it and are willing to commit to it. We recommend that you review this document before you fill out the application.

Adult & Teen Challenge MidSouth
Philosophy of Ministry to the LGBTQ Community

As a faith-based ministry, Adult & Teen Challenge MidSouth seeks to facilitate an environment that will encourage healing and a new life in relationship with Jesus Christ. Instruction in basic Bible teaching is foundational to our daily routine. The environment that is created helps our students the tools they need to establish that relationship with God which brings life change.

Adult & Teen Challenge has achieved phenomenal success through the years because we understand that sinful attitudes produce sinful behavior. A person’s attitude toward himself has a profound influence on his view of God, his family, his friends and his future. Attitude is a vital component in understanding that God’s basic purpose in creating us so that we can have fellowship with Him. This relationship is only possible through Jesus Christ who died in our place so that our sins could be forgiven. Once that relationship is restored, we can begin to experience the full potential God intended for this life through the bodies He gave us (Eph. 2:10; John 17:3; John 10:10).

Satan’s oldest method of undermining our relationship to God is to create doubt regarding our confidence in God’s character. He portrays God as deceptive and unwilling to allow us to pursue that which will bring us our greatest fulfillment and happiness (Gen. 3:4-5; Col. 2:8-10). We may even come to believe that a God who is deceptive is also a God who can be careless. A careless God could certainly be capable of giving us an attraction for someone of the same sex or even have placed a misguided view of gender in our mind—especially when life experience has proven that those of the opposite sex are unfaithful, uncaring and/or abusive.

The only means of overcoming deception is by acknowledging and proclaiming truth. We believe that divine order and moral absolutes are revealed in the pages of the Bible. Scripture is clear that God prescribed our birth features in accordance with His plan for our lives before we were born. (Psalm 119:73, 139:16; Rom. 9:20)

Adult & Teen Challenge MidSouth does not discriminate against anyone seeking admission on the basis of race, gender or class. However, it does reserve the right to refuse admission to anyone who has no intention of embracing the Core Values and Statement of Faith as outlined in our application process or contained in our website information. Our mission is to facilitate a healing relationship with Jesus Christ and to promote His original divine plan in creating one’s body as it existed at birth. To minister with any other outcome in mind is to operate contrary to our own beliefs and subject the student to less than what God has in His plan for his/her life.

Completion of any tier of the Adult & Teen Challenge Journey to Freedom program is contingent upon the student embracing the principles contained in the Bible, this document, our Statement of faith and our Philosophy of ministry.